

# When should I use e-Consult ?



## YES

- As an alternative to a routine face-to-face appointment
- You aren't sure if you need to see a doctor
- You have a specific medical query or request
- You would like a sick note and have already seen a health professional about this problem

## NO

- **You are likely to need a physical examination**
- **You want antibiotics for an acute infection**
- **You want to see a doctor face-to-face**
- **Children (under 16)**